Yearbook 2022





Northern Rivers Hash House Harriers Yearbook 2021 -2022

Welcome to the NRHHH Yearbook!

And what an interesting year it has been. Just when we thought life had eased, with Covid restrictions tiptoeing out to the edge of our lives, extensive flooding across the Northern Rivers, and in particular Lismore, brought new restrictions and devastation, which is still causing an impact.

The GMs Report covers the impacts of the flooding and, happily, how '*NRHHH picked itself up, wiped the mud off and got back into it*'. The arrival of a new bunch of Hashers and, with quite a few hashers having reached milestone runs this year, NRHHH has continued to the shout of "ON ON"!

The RAs Report notes that despite the flooding, NRHHH were able to keep hashing around the area, with many hashes (and some great runs), being held in the more interesting parks or reserves, where we could hash in 'true style', with a Circle and Down Downs (much better than 'pub' runs).

Hash numbers have increased and, as noted in the Trail Master's Report, new members have meant new areas, and so we continue to explore the fabulous Northern Rivers.

The Hash Cash Report confirms that NRHHH remains in a healthy financial position and, according to the Brew Master's Report, lots of water and mud didn't slow done the thirst of the hashers, so we must be feeling quite healthy too!

ON ON to another great year of hashing with NRHHH!

Plugger













Mismanagement Committee

Feel Free

Hash Patrons -

Hash Brown

NRHHH 2021/2022



NRHHH 202
Grand Master
Religious Advisor
On Sec
Hash Cash
Brew Master
Trail Master
Camp Mistress
Hash Flash

2022 Upcycler Plugger Impulse Miss Vogue Pavanotti Procol Slurr Bituman

























What a year we had!















































































































Grand Master's Report

After a couple of disrupted years due to Covid we were looking forward to getting back to being a "normal" Hash group again, with more of a focus on runs from hares homes or parks and less from pubs.

This was going along just fine until Monday 28 February when Lismore was hit with a devastating flood. Most hashers probably don't remember, but we had a run scheduled to meet at the sheltered park benches on Brewster St that day. I was helping clear gear our of the cricket sheds near where we were scheduled to meet on Sunday 27th and I took the following photo of the shelter where we were to meet, to send to Plugger to let him know



that maybe we will need to relocate. Little did I know that 24 hours later the whole shelter would be under water and would be swept away.

Unfortunately two of our current hashers (Slurrr and Miss Vogue) were caught up in the floods and suffered significant loss of belongings. But in true NRHHH fashion, other hashers were there to help with the clean-up and recovery.

With another flood hitting at the end of March, there was definitely a feeling that this overwhelming event wasn't going to stop, but fortunately the March flood was the end of the flooding for a while.

NRHHH picked itself up, wiped the mud off and got back into it.

We were pleasantly pleased when we had a new bunch of Hashers join NRHHH this year. Lady Godiva, Drip Dry, Solo and Nut Cracker (collectively known as "the Dunoon mob") joined our ranks, and injected a heap of fresh legs into the running group. In fact, there has been a few times where the number of runners have outnumbered the walkers, something that I have not previously seen in the years that I have been coming to Hash.

There were also quite a few hashers reach milestone runs this year, with Pavanotti and Happy Feet both reaching the 250 run goal and getting their engraved mugs to mark this achievement.



So as we come to the end of another year of Hash House Harriers, I look back at the year and think: Covid didn't stop us, floods didn't stop us. I doubt that anything will stop us from meeting every Monday at someone's house to walk around the streets shouting "ON ON"!

Upcycler











Religious Advisor's Report

A memorable year of Hashing –made more memorable by external events rather than our own NRHHH antics.

Just as we were emerging from the disruptions of Covid and looking forward to a year of restriction-free hashing, our region, and Lismore in particular, were devastated by floods in February. Many hashers helped out, clearing up after the floods had receded and at the emergency evacuation centres but, still to this day, Lismore in particular has not recovered.

Following the flooding, hash runs were diverted away from Lismore for quite a while and, when they returned, there was something eerie about hashing through the still devastated streets. During winter nights, it felt like hashing through a remote African village, with all in deep darkness, due to no street lights working; sparse light flickering from the houses that had not been abandoned and the smell of wood smoke in the air, from remaining residents trying to get some warmth by lighting fires in their front yards. All very strange and unsettling.

Thankfully, we were able to keep hashing around the area, and 'On Home' for many hashes were held in the more interesting parks or reserves, where we could hash in 'true style', with a Circle and Down Downs.

And we had some great runs!

Rummery Park in October was a great trail, with the runners and walkers, after hashing through bushland, meeting up at Minyon Falls for a 'photo-stop', before also stopping for a 'drink stop' (may we have more of them!)

The NRHHH Easter Games were held at Rous Mill where, as per tradition, we touched the

gate. This was followed by some hashers being splattered by no-longer-fresh eggs, which is also something of a tradition, at the ensuing games.

Other celebratory runs included the Queen's Birthday, Leos and Water Babies runs (all of which featured cake!)

My year as RA over, so I can now hang up my RA's hat and look forward to Slurrr taking over as RA (I'm sure Slurrrrr has lots of fancy RA hats to choose from!)

ON ON

Plugger













Hash Cash Report

It was back to the Bucket and the honesty system this year as we return to a sense of normality after the COVID pandemic. This unfortunately went a bit awry as the Bucket went swimming when Hash Cash was flooded out. Miraculously the Bucket survived, but failed to make an appearance for several weeks. Temporary measures were adopted and in true Hash fashion, sign in sheets were created spontaneously and a temporary bucket used.

There was only one free event during the year – a very enjoyable afternoon at Two Mates Brewing. Hopefully to be repeated again.



Food and beer costs remain the same as previous years and allocation for food is still \$90.

Opening Balance (in bank and in cash) as at 30/11/2021	\$2,719
INCOME	
Runs Food/beverage	\$1,596 \$4,286
Total Income	\$5,882
EXPENSES	
Food Beverages Equipment Goblets and Engaving Two Mates Brewing night AGPU Hoodies AGPU 2021	\$2,175 \$1,084 \$593 \$72 \$176 \$1,615 \$198
Total Expenses	\$5,911
Closing Balance (in bank and in cash) as at 13/11/2022 On On,	\$2,689

Miss Vogue











Income and Expenditure Statement 2021-2022

Brew Master's Report

Well what a year lots of water and mud but this didn't slow done the thirst of the runners and walkers. Good to see the Dunoon mob always bring their thirst with them; beer must be scarce in the hills.

This year's preferences are similar to last year with 150 Lashes the most popular with 36%, XXXX is second with 21% closely followed by Crown at 20%. A long 4th is Blonde with the usual drinkers not walking as much this year. Lastly the ginger beer drinkers were a credible 16%. Slurr spent a little time this year sploshing about in the muddy waters so her red wine consumption was down a bit but she is putting in a good effort lately.

I overheard a hasher asking for a cider recently. If hashers have some other odd requests then the Beer master is only too happy to consider their request, just have a word in my ear.

Thanks to Hootu and Impulse for keeping the beer flowing while Dragin the Chain and I wandered about in Western Australia for a couple of months.

There will be the usual assortment of beers and wines at the AGPU, Enjoy.



Pavanotti











Trail Master's Report

The beginning of the year was really good – but maybe because I wasn't Trailmaster? However the 'Floods' changed all that and the designated Trailmaster – Procol – was so inundated with rescuing computers from the floods – that I took over unofficially. My thanks to Procol for doing all hard work by setting up the initial Run List. Somehow Procol still managed to run the most Hashes this year!

So we have run up and down and round and round in Lismore, Goonellabah, Alstonville, Ballina with a few forays to Goonengerry and Clunes and beyond. As always brilliant trails and the efforts that the Hares put into setting the trails is always appreciated – even if they sometimes claim that the trails were washed away in rain (of which we had a lot). Amazingly the sun gods always shone on a Monday night and I can only think of one wet run throughout the year. Nearly everyone managed to set 2 runs during the year, with couples

setting 4. The recalcitrants made poor excuses of being away on long long holidays!

A bit of a hiatus due to the 'Floods' but surprisingly only one run was officially cancelled. It did mean we avoided Lismore for a while though. On On's have been at homes, in parks and in pubs although we have tried to minimise the number of pubs. Always a much better atmosphere when you are being bitten to pieces by mosquitoes in the failing light!

It has been great to have had a few new venues this year and new trails – although if you walk with Lost with Space – everywhere is new. New members have meant new areas and so we continue to explore the fabulous Northern Rivers.



On On

Goanna











With Lots of Dancing Hashers (sort of...)



























Hashers Behaving Badly.....





















Some Dodgy Maps and Well Marked Arrows























Not Everyone Enjoyed Their Down Down...









But we did enjoy our cake!



















And, of course, plenty of hills....

























Some HASH Jokes that the NRHHH Joke Master may have told....

A harrier and a harriette who had never met before, found themselves sharing a bunk room at large hash weekend

Although the harrier was initially embarrassed and uneasy over sharing a room, they were both very tired and fell asleep quickly, he in the upper berth and she in the lower.

At 1:00 AM, the harrier leaned down and gently woke the harriette saying, 'excuse me, I'm sorry to bother you, but would you be willing to reach into that cupboard to get me a second blanket? I'm awfully cold.'

'I have a better idea,' the harriette replied 'Just for tonight, why not pretend that we're married.'



'Wow! That's a great idea!' exclaimed the harrier.

'OK,' replied the harriette. 'Get your own chuffing blanket.'

A hash house harrier and his wife are out shopping, the harrier puts 6 cans of XXXX in the trolley and his wife says, "You can put those back they cost \$20 they're too expensive".

Further down the aisle the wife puts a \$40 tub of face cream in the trolley, "hold on a minute" the harrier says, "that's too expensive", "but darling" she says "this will make me look beautiful for you".

The harrier replies, "so will 6 cans of XXXX and that's half the price".

A hash house harrier approaches a young woman in a large store, he says "I can't find my wife; can I talk to you for a few minutes"? The young woman says "certainly, but do you have any idea where your wife is"?

"Not a clue" says the harrier, "but whenever I talk to a lovely young woman like you, she always appears out of nowhere"!











A hash house harrier was sitting reading his newspaper when his wife hit him round the head with a frying pan.

'What was that for?' the harrier asked.

The wife replied 'That was for the piece of paper with the name Jenny on it that I found in your pocket'.

The harrier then said 'When I was at the races last week Jenny was the name of the horse I bet on', the wife apologized and went on with the housework.

Three days later the harrier is watching TV when his wife bashes him on the head with an even bigger frying pan, knocking him unconscious.

Upon re-gaining consciousness the harrier asked why she had hit again.

Wife replied; 'Your horse just phoned'











NRHH Run list 2022

Date	Run No		Hash Name
13-12-21	1891	AGPU	Lost with Space & Space Cowboy
20-12-21	1892		Impulse & Auntie Lush
27-12-21		Hash Walk in Goonengerry NP	
03-01-22	1893		Draggin the Chain
10-01-22	1894		Upcycler & Yarnbomber
17-01-22	1895		Hootu & Polarised
24-01-22	1896	Australia Day nearly	Happy Feet
31-01-22	1897		Slurr
07-02-22	1898		Impulse & Auntie Lush
14-02-22	1899		Lost with Space & Space Cowboy
21-02-22	1900	Water Babies	Goanna etc
28-02-22		cancelled (floods)	
07-03-22	1901		Hootu & Polarised
14-03-22	1902		Miss Took
21-03-22	1903		Draggin the Chain
28-03-22		cancelled (rain)	
04-04-22	1904		Happy Feet
11-04-22	1905		Headlamps
18-04-22	1906	Easter Monday	Lost with Space & Space Cowboy
25-04-22	1907		Teabag
02-05-22	1908		Feelfree
09-05-22	1909		Pavanotti
16-05-22	1910		Dunoon Mob
23-05-22	1911		Miss Vogue
30-05-22	1912		Procol & Alternative Root
06-06-22	1913		Bituman
13-06-22	1914	Queen's Birthday	Plugger & Goanna Goonengerry
20-06-22	1915		Upcycler & Yarnbomber
27-06-22	1916		Miss Took











Date	Run No		Hash Name
04-07-22	1917		Slurr
11-07-22	1918		Impulse & Auntie Lush
18-07-22	1919		Plugger & Goanna
25-07-22	1920		Runnymead
01-08-22	1921		Miss Vogue
08-08-22	1922	Hash Leos	Procol & Alternative Root
15-08-22	1923		Feelfree
22-08-22	1924		Hash Brown & Retread
29-08-22	1925		Impulse & Auntie Lush
05-09-22	1926		Spincyle
12-09-22	1927		Plugger & Goanna
19-09-22	1928		Teabag
26-09-22	1929	Libran Run	Procol & Alternative Root
03-10-22	1930	Labour Day	Dunoon Mob
10-10-22	1931		Hash Brown & Retread
17-10-22	1932		Upcycler & Yarnbomber
24-10-22	1933		Bituman
31-10-22	1934		Pavanotti
07-11-22	1935		Runnymead
14-11-22	1936		Hash Brown & Retread
21-11-22	1937	AGPU	Lost with Space & Space Cowboy











Run Numbers

Name	Hash Name	Total Runs to 29/11/21	Total Runs to 29/11/21	Total Runs for Year
MANNING Gary	PROCOL	951	991	40
DITTON Fay	SLURR	1250	1287	37
MOLLOY Anna	GOANNA	515	551	36
MOLLOY Rick	PLUGGER	495	530	35
ROLFE Chris	PAVONOTTI	232	267	35
MANNING Leah	TEA BAG	401	434	33
EUSTON Garry	IMPULSE	683	714	31
FEROS Helen	HAPPY FEET	247	278	31
MORRISON Simon	UPCYCLER	326	357	31
PEEL-YATES Sarah	NUTCRACKER		30	30
RILEY Peta	MISS VOGUE	132	162	30
ROWE Philip	ΗΟΟΤU	414	444	30
DONNELLY Narina	POLARISED	643	672	29
JENSEN Electra	LADY GODIVA		29	29
GATT Rob	SOLO		28	28
BROWN Peter	HASH BROWN	1373	1400	27
FITZ-BUGDEN Patrick	BITUMAN	567	594	27
MEAD Enid	RUNNYMEAD	625	652	27
FARRELLY Vicki	DRAGGIN THE CHAIN	524	550	26
RAYNER Sue	SPINCYCLE	279	305	26
BROWN Alison	RETREAD	823	848	25
MILLER Sue	LOST WITH SPACE	293	315	22
CAMPBELL Bronwen	DRIP DRY		21	21
MILLER Steve	SPACE COWBOY	261	282	21
EUSTON Alison	AUNTY LUSH	452	472	20
MEGINESS Mary-Anne	ALTERNATIVE ROOT	230	242	12
ARNULL Bob	FEEL FREE	956	967	11
BROWN Arthur	MERLIN	234	244	10
GOODGER Debbie	HEADLAMPS	259	269	10
BROWN Rosi	MISS TOOK	273	282	9
CONDRICK Elisa		1	7	6
LYONS Kathryn	DAME EDNA	105	111	6
MORRISON Dayle	YARNBOMBER	203	207	4
MAKINGS Phil			4	4
BUTTON Paul	SLIPITUPURRR	12	16	4
BUTTON Esther	EVAMOFF	11	15	4
WHITE Sharon	AFRICA	130	133	3











Over Achievers



HASH BROWN	1400	14-11-22
IMPULSE	700	04-07-22
POLARISED	650	07-03-22
RUNNYMEAD	650	10-10-22
DRAGGIN THE CHAIN	550	14-11-22
GOANNA	550	07-11-22
PLUGGER	500	10-01-22
UPCYCLER	350	29-08-22
LOST WITH SPACE	300	14-02-22
SPINCYCLE	300	10-10-22
HAPPY FEET	250	20-12-21
PAVANOTTI	250	16-05-22
MISS VOGUE	150	08-08-22













































Hash Names

Bob ARNULL	FEEL FREE		
Arthur BROWN	MERLIN		
Alison BROWN	RETREAD		
Peter BROWN	HASH BROWN		
Rosi BROWN	MISS TOOK		
Esther BUTTON	EVAMOFF		
Paul BUTTON	SLIPITUPURRR		
Bronwen CAMPBELL	DRIP DRY		
Rob GATT	SOLO		
Fay DITTON	SLURR		
Narina DONNELLY	POLARISED		
Alison EUSTON	AUNTY LUSH		
Garry EUSTON	IMPULSE		
Vicki FARRELLY	DRAGGIN THE CHAIN		
Helen FEROS	HAPPY FEET		
Patrick FITZ-BUGDEN	BITUMAN		
Debbie GOODGER	HEADLAMPS		
Electra JENSEN	LADY GODIVA		
Kathryn LYONS	DAME EDNA		
Gary MANNING	PROCOL		
Leah MANNING	TEA BAG		
Enid MEAD	RUNNYMEAD		
Mary-Anne MEGINESS	ALTERNATIVE ROOT		
Steve MILLER	SPACE COWBOY		
Sue MILLER	LOST WITH SPACE		
Anna MOLLOY	GOANNA		
Rick MOLLOY	PLUGGER		
Dayle MORRISON	YARNBOMBER		
Simon MORRISON	UPCYCLER		
Sarah PEEL-YATES	NUTCRACKER		
Sue RAYNER	SPINCYCLE		
Steve RAYNER	TOPLOADER		
Peta RILEY	MISS VOGUE		
Chris ROLFE	PAVANOTTI		
Philip ROWE	HOOTU		
Sharon WHITE	AFRICA		
Hudson JONES	EVEREADY		











AGPU - Annual General Piss Up 2021- 13/12/2021 Where: Miller's hacienda, Rous Mill Hares: Space Cowboy & Lost with Space



ON-ON

The AGPU run proved to be another rip-roaring affair with around 30 hashers in attendance wearing variations of the 'black tie' theme. Not sure if it was the superb location, another well set run, the freebies or the old committee showing up to gleefully handover the reins that attracted such a great roll up? We suspect it was all of the above.



It was so great to see 8 runners hitting the trail, it's been a long time since that many strode out. Another 6-hour trail setting effort by the

hares was greatly appreciated (with no arrows!) and included a nice little touch at the end of the dirt road with the walkers cheering in the runners, yelling "touch the gate". Then On Home to enjoy the night's festivities.







The drinks were going down a treat, thank you Pavanotti, the food was excellent, thank you Spin Cycle for organising and Slurrr for picking up. The pavlovas provided by Lost with Space were bloody delicious and decadent. The new running T-shirts looked great, thanks Retread for organising and Slurrr for being the model.

Down Downs: The Hares, Dec birthdays, Old & New Hash Committees.

Thanks again to the Hash Hosts, perfect location for a Hash 'Black Tie' occasion, and to Bituman and Retread for the photos.

The annual NRHHH Yearbook for 2021 has been emailed to all Hashers, thank you Spin Cycle for putting it together, another awesome production.

Exiting committee – Runnymead, Drag'n the Chain, Hash Brown, Procol, Spin Cycle (Pavanotti who was still pouring drinks, haha)_

New committee – Impulse - On Sec, Plugger – RA, Miss Vogue – Hash Cash, Pavanottie – Grog Master, Upcycler – GM, Procol – Trail Master



On On for another year, Hash Brown and Retread

Next Run is from Impulse and Aunty Lush, Invercauld Road, wear your Christmas baubles, tinsel and festive cheer.













Christmas Run - 20 December 2021 Where: Invercauld Road, Goonellabah Hares: Impulse and Aunty Lush



Ain't No Mountain High Enough.....

Well, actually there were a couple of mountains high enough for the runners and walkers, but more on that in a moment.

As this was the Christmas run, a sea of red and green flooded the driveway of **Aunty Lush and Impulse** on a stiflingly hot afternoon. Impulse had previously promised that it would be a flat run. Remember the first rule of hash....there are no rules!1st rule broken!





Right on time a plethora of walkers and six hardy runners took off on the course. The walkers did a lap of home base with a nasty little hill thrown in.











They then proceeded to go down, down and down into the new Eastwood estate on a new and wide footpath. They were greeted by some newly built homes, lots of homes in construction, and many, many blocks of (sold) land as they did a circuit of the new estate. (Interesting to note – the estate will roughly be another 1 $\frac{1}{2}$ times larger when finally completed) Along the way the walkers discovered a very large

and docile koala and cub.

And further along a new and very pleasant park and playground. **Slur**, **Space Cowboy and Upcycler** displayed their swinging skills (is that a ménage a trois?)

Aunty Lush and Lost with Space arrived in vehicle to provide some much needed watermelon sustenance. Lost with Space bravely joined the run after concluding her business in the wok, and then the walkers trudged up and up, and some more up, before trudging back into home base.



Meanwhile, the Runners took off in stifling conditions and did a lap north of home – where **Bituman** apparently discovered the Australian Embassy - with some nasty short hills thrown in before heading back to home.



They were barred from stopping but instead continued down and down into the new estate as well. **Impulse** actually cut about half a km off this loop which probably saved him from several manslaughter attempts. And down, down they ventured into the aforesaid Eastwood estate where they also discovered a large and very metallic marsupial

and the playground park where the HHH was discovered.

Aunty Lush and Lost With Space again turned up to provide watermelon sustenance. Bravely none of the runners elected to hitch a lift back up the hill but chose to go on foot. A brief stop was made at Hemlock Close – at this stage a few of the runners wished they had some hemlock handy to end the agony. And so on they trudged up and up, and some more up towards home.













Surprisingly, no runner elected to run the complete hill. The hare even exhausted **Polarised** which was quite a unique achievement!

Back at the Hash Circle the hashers settled in the shade for some much needed rehydration and conversation. **Elise** (no hash name yet....re-re-tread?) gave the report for the walkers where there were a lot of hills mentioned. **Bituman** gave the report for the runners where again the slope of the run was surprisingly mentioned. Hootu then told a joke that we were told was roughly 50 years old and hadn't been told in that time.....now we understand why.

Down-downs were given to **Aunty Lush and Impulse** as hares, and a special mention to **Lost with Space** for her tardiness in joining the walkers. **Mickey the kelpie** was just happy to have all this company to enjoy. **Aunty Lush** then served us a delightful meal of silverside and salads and finished off with choc coated ice-creams. A good time was had by all.



To all our hasher friends a very safe, relaxing and joyful Christmas and see you in the New Year. And next time the run is at Invercauld Road I have found some even bigger hills to conquer!













EASTER GAMES - 18th February 2022 Where – Rous Mill Hares – Lost With Space and Space Cowboy

An early start meant that we could make the most of the clear blue sky and brilliant sunshine for the traditional Rous Mill "touch the gate" walk and run. ...new territory for Nutcracker and Lady Godiva.

A modest gathering of 14 hashers plus Silky and Stella took off keeping to formed roads. Detour signs were avoided as hashers accepted local knowledge with respect to the dangers of water saturated verges and fields.



















A brilliantly set run with clear arrows, no hills or on backs. \bigcirc

Back at hash home and drinks in hand, Space Cowboy ran some eggcellent Easter games. An impressive win by Upcycler and Lady Godiva in the egg tossing competition. However, Goanna and Tea Bag were the clear winners in the entertainment department.









Downs downs for the hares and Procol who led the run pack and whose attempt at being the Yolkmaster needed to be acknowledged.

And as always superb nosh served by the hosts.











QUEEN'S BIRTHDAY RUN – 13TH June 2022

Where – Goonengerry Hares – Goanna and Plugger

Queen's Birthday Run!

On a gloriously sunny afternoon, NRHHH celebrated 'Er Maj's Birthday (and, with Charles next in line, may she have lots more). Following a briefing from Hare Goanna, that included taking care of 'trips and slips' (Runnymead obviously missed that comment), a much depleted running group of only two set off, closely followed by Goanna on her favourite mode of transportation - her bike.





Meanwhile, Plugger led off the walking group, down through a neighbour's property (where

the neighbours had forgotten about the hash coming through and were mowing their paddock), then wandered down along the road, to be soon passed by the running duo of **Drip Dry** and **Solo** (and bike-riding **Goanna**).

After a pleasant meander along the Byrangery Reserve path, trying to spot nesting boxes along the way, there followed a gentle climb up to a perlite outcrop, where **Tim** found he had a leech on his ankle.

A short descent down a spur, then back onto the road and On Home. Not wanting to be a 'wuz', **Runnymead** spurned the chance of a lift home and powered back. **Lost With Space** certainly wasn't 'Lost For Words', as she chatted at length to a passing car and to our neighbours, who were now relaxing after mowing their estate.













Regal attire was donned, with Dragin' The Chain sporting a regal handbag, Lost With Space a mink jacket (sort of) and Runnymead a fascinator, and what appeared to be a wand.

Feel Free gave the run report and noted that even if they had not seen it, everyone heard Runnymead taking her tumble. He had counted 4 nesting boxes, but Pavanotti led the field, having spotted 9 (there are actually 11). Still,



Feel Free had kept himself entertained counting bridges and benches. He declared it a most enjoyable trail through familiar territory.



Drip Dry gave a long run report, noting that they had started off on a road, but the trail got smaller and smaller – so small that they felt they were making their own trail. Solo, in keeping with his name, ran a solo on-back, as Drip Dry had a tip from the Hare that it was an on-back.

Down Downs were given to:

Runnymead for her spectacular tumble

Drip Dry and **Solo** were charged by **Goanna** as being over-achievers, as no one has previously ever finished one of her running trails in its entirety. Also, **Drip Dry** continued to run when 'On Home', as she wanted to complete 6kms of running.

Goanna and Plugger for the best run of the year (I think that's what was said....)



ON ON

Plugger











LABOUR DAY RUN - 3rd October 2022 Hare: Solo, Nut Cracker, Lady Godiva and Drip Dry Location: Rummery Park, Nightcap Range

OK, so as I understand it, I, the hare, am about to give you an unbiased representation of run 1930. What could possibly go wrong! Please note, that any resemblance between the run/walk reports and the actual occurrences on the day, from this point forward, are purely coincidental.



Being relatively new to hashing I have had the benefit of having heard numerous stories of other hash members experiences. Some of the stories that I particularly liked were those where participants failed to return, in fact failed to ever be seen again. Now as far as I'm concerned, that's a challenge, and one I was happy to take on.

The run saw us celebrating the achievement of workers (Labour Day) and the first daylight



saving run for the latter part of 2022. This allowed us to start a little earlier than usual and use that extra hour of daylight that had magically appeared the day before. With the wet weather that had occurred the days before the run, any flour that had once marked the predominantly bush trails was well on the way to becoming bread, or pasta, or something other than an arrow. Step in Nut Cracker to the rescue with custom made laminated signs to adorn the trails.

A healthy group of 19 runners and walkers amassed at the Campground for what they now know was to become a life-changing event. (Remember what I said about the truth etc.)











After a short wait for Impulse and Bitumen; Impulse arriving in scrubs straight from work to ensure that we had liquid sustenance.

After an effort I believe should go into the HHH Annals, if such a thing exists, for an outstanding Beer Meister performance, we were off.

The Run



on the track than we might otherwise see on Keen Street on a regular Monday evening. At the first junction it became apparent that the route was unlikely to follow the obvious path, as we turned onto what was once a track but now resembled something more akin to a stream. The brutal incline just before the 2km mark took us to the highest point of the run,

We were joined for the run by a few local Dunoon runners (Woody, Liv and Holly). As the sizable runner group set off up Peates Mountain walking track it quickly became clear that there had been a bit of rain in the preceding days. As the bodies lay strewn on the single track, it also became clear that there were likely to be a few more obstacles





and it was all downhill from there, well kind of! A short jaunt back down to Rummery Park and then on towards Minyon Falls, but not without challenge! At this point we had only lost one runner and there was a chance that he may return, so a river crossing was thrown in Just in case. Surely those that survived the crossing wouldn't survive the cheap port at the drink stop, but alas, it seems that this is the hash runner's true strength. The runners and walkers met at the, now flowing beautifully, Minyon

Falls. The final leg, and my last chance to lose a hasher, took us along the aptly named Boggy Creek Track for what was a lovely finish to a slightly longer than usual (8km) but most excellent run.











The Walk



Well, I wasn't there but I would never let such a detail get in the way of a good story, so here goes. I don't feel the challenge of losing hashers should solely be the domain of the running group, so after a brief walk along Peates Mountain Road, the walkers embarked up the Eastern Boundary Trail. A trail I had run once in the past, and only once with good reason! But I figured they were walking, what could possibly go

wrong! Whilst we didn't lose any walkers on the climb, I may have lost a few friends. The climb did however offer the many views that gaining the initial altitude would offer. After soaking in the views of the Byron lighthouse the walkers also made their way to Minyon Falls where they were able to then soak up the aroma of a bunch of smelly runners. In case that wasn't enough soaking, they then went on to drink stop before embarking on the Boggy Creek track to return a short while after the runners.















The Formalities

As is tradition, the hares were the recipients of the down downs with Solo wearing the majority of Nut Crackers down- down (evidence in the picture), so I suppose I really got two.

Holly also joined us for a down-down.

Bitumen reminded us of the importance of learning and remembering the "Hindlick Manouvre", if you weren't able to be there, I understand he is offering demonstrations at run 1931.



Much merriment continued into the night around the campfire in preparation for summer camp and because Drip Dry still had half a bottle of port to finish!



ON ON

Solo











ON ON to 2022-2023!!!









